



Land-based Learning: Tipi Teachings

Change Health Alberta is a registered non-profit and charity that focuses on advancing health through the key pillars of physical activity, nutrition and social connection. These areas are co-designed with community for community to honour the unique land, relationships and regional assets across Alberta. Since its inception, [CHANGE Health Alberta](#) has worked to build the community and offer meaningful learning experiences. This year, our organization has invested in the creation of the *CHANGE Centre* which enables us to focus on more live events that bring the community together.

What?

Tipi Teachings is a partnership with our friends from Treaties 6, 7, and 8 who have been invited by [CHANGE Health](#) to share their story and create space for you to share your story. You are being invited to create authentic social connections, explore new stories and experience the land. Each date offers a new experience where you might bring your own questions and form new friendships or perhaps, discover that we are all truly related in some way. The goal of this is to protect our mental, emotional and physical health by deepening community and honouring the land.

Where?

The Change Centre is located in Magnolia, Alberta along the Pembina River at 54404 Range Road 65. These events, including stew and bannock, are held primarily outside. The teachings are held inside of a warmed tipi. All guests are welcome to bring activewear and enjoy the 15km of trails before or after the formal teachings. Physical abilities will be accommodated.

When?	With Whom?	How do I register?
Jan 21, 2022 9:30 am 3:30 pm	Phillip Campiou, Treaty 8 - Residential School Survivors Emil Durocher, Treaty 6 - Ceremony and the Land	Change Health Community Connector Lauren Wetmore communityconnectorw@partner.psd.ca
Feb 4, 2022 9:30 am 3:30 pm	Adrian Cross - The Drum & Protocols Phillip Campiou, Treaty 8 - Land Based Learning	Change Health Community Connector Lauren Wetmore communityconnectorw@partner.psd.ca

<p>Mar 18, 2022 9:30 am 3:30 pm</p>	<p>Amy Quintal - A Settler's Inward Journey to Decolonize and Challenge Western Policy and Discourse</p> <p>Phillip Campiou, Treaty 8 - Land Based Learning</p>	<p>Change Health Community Connector Lauren Wetmore</p> <p>communityconnectorw@parklandpsd.ca</p>
<p>Apr 8, 2022 9:30 am 3:30 pm</p>	<p>Ken Armstrong & Howard Mustus Jr - Reconciliation & Community Engagement</p> <p>Phillip Campiou, Treaty 8 - Land Based Learning</p>	<p>Change Health Community Connector Lauren Wetmore</p> <p>communityconnectorw@parklandpsd.ca</p>
<p>May 27, 2022 9:30 am 3:30 pm</p>	<p>Celina Loyer - Impact of an Intergenerational Residential School Survivor</p> <p>Traditional Aboriginal Games co-led by CFL My Path Grades 8-9 and TJ Gladstone</p>	<p>Change Health Community Connector Lauren Wetmore</p> <p>communityconnectorw@parklandpsd.ca</p>

In honour of the Truth and Reconciliation's recommendation, these land-based teachings will celebrate settler-ally relationships. All are welcome :)

This series is sponsored and/or supported in part by:

